

WHY MUSIC?

- Secondary students who participated in band, orchestra or choir reported the lowest lifetime use of all substances.
(Source: 1994 Texas School Survey of Substance Abuse Among Students: Grades 7-12)
- Music lessons, and even simply listening to music, can enhance spatial reasoning performance, a critical higher-brain function necessary to perform complex tasks including mathematics.
(Source: Frances Rauscher, Ph.D., Gordon Shaw, Ph.D., University of California, Irvine, 1994)
- Music students received more academic honors and awards than non-music students. A higher percentage of music participants received As, As/Bs, and Bs than non-music participants.
(Source: NELS:88 First Follow-up, 1990, National Center for Education Statistics, Washington D.C.)
- College students majoring in music achieve scores higher than students of all other majors on college reading exams.
Carl Hartman, "Arts May Improve Students' Grades," *The Associated Press*, October, 1999.
- Music students demonstrate less test anxiety and performance anxiety than students who do not study music.
"College-Age Musicians Emotionally Healthier than Non-Musician Counterparts," *Houston Chronicle*, 1998.
- Students involved in arts programs had significantly higher class attendance rates than a comparison group.
Pamela Aschbacher and Joan Herman, *The Humanitas Program Evaluation*, 1991.
- When faced with a problem to solve, students in music and the arts produce more possible solutions, and their solutions are more creative, according to a nationwide study.
N. M. Weinberger, "Arts Education Enhances 'Real Life' Personal Skills," *MUSICIA Research Notes*, Spring 2000.